

# Benedetta Perego

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Law Firm Address: Corso Montevecchio 45, 10129, Turin, TO

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## PROFESSIONAL EXPERIENCES

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### **Freccia Law Firm, Turin / Lawyer admitted to the Court of Cassation and Founder**

April 2023-ongoing

Specialisation in criminal law, prison law and human rights; litigation experience in national courts and before the European Court of Human Rights (with special focus on the rights of persons deprived of their liberty)

### **AP Lawyers, Turin / Attorney at law. Criminal law, corporate criminal law and prison law**

November 2016- March 2023

### **Associated firm 'Servetto, Peyra, Pavarini e associati'; Studio AP Avvocati**

September 2013 - October 2016

Lawyer apprenticeship in criminal matters

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## TEACHING ACTIVITIES

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### **University of Turin - Department of Law**

April 2026

Lecture as part of the Philosophy of Law course, "Jurisprudence in motion: strategic litigation as a tool for legal innovation".

### **University of Bologna- Master's Degree in Legal Studies**

April 2026

Lecture as part of the workshop "Beyond the courtroom: mastering strategic litigation in criminal defence".

### **University of Turin - Department of Law / Research Fellow**

February 2024 - September 2025

Research activities within the research project (PRIN 2022) - "CHANGE - Change Again: Mothers and Babies In A Right Environment. The external implementation of sentencing for women with children".

### **University of Turin - Department of Law and StraLi / Lecturer**

2024 - ongoing

Teaching activity in the framework of the workshop 'A mente libera' as part of the Teaching of Penitentiary Law - training and practical exercise

course on the protection of the fundamental rights of those suffering from psychiatric pathologies and deprived of their liberty.

**University of Turin - Department of Law / Teaching assistant**

September 2018 - ongoing

Supporting activities of the chair of Penitentiary Law.

**University of Rome 3 - Department of law**

February 2025

Lecture as part of the Advanced Course on the Protection of Human Rights, 'Internet, Profiling and Human Rights Litigation'.

**University of Genoa- Department of Political and International Sciences**

January 2025

Lecture as part of the European Union Law Course, 'How to plan a strategic litigation?'

**University of Turin - Department of Law**

April 2024

Lecture within the framework of the Anti Discrimination Law Course, "Strategic Litigation in Equality law".

**StraLi Association - Euphemia Association - Mindchangers Project/ Tutor**

April 2023 - april 2024

Educational and organisational tutor "Project GASP!" - Training course on legal (and non-legal) instruments to take action against the climate crisis.

Organisation and coordination of both distance and face-to-face teaching; teaching: 4 hours online training; 3 days residential workshop.

**University of Turin - Department of Law**

November 2023

Lecture within the framework of the Penitentiary Law Course, "The punishment within the punishment. Motor and mental disabilities in Italian prisons".

**University of Turin - Department of Law**

October 2023

Lecture as part of the Philosophy of Law I Course, 'Strategic litigation, rights and the criminal justice system'.

**Council of the Turin Bar Association and 'Vittorio Chiusano' Criminal Chamber of Western Piedmont and Valle D'Aosta**

June 2022

Lecture as part of the technical and deontological training course for criminal lawyers for qualification as public defenders, 'The sanction. The dual-track system: penalties and security measures'.

### **University of Roma3 - Rebibbia prison in Rome**

May 2022

Lecture as part of the training course for prison desk operators, 'Strategic litigation and prison'.

### **University of Turin - Department of Law**

May 2020

Seminar as part of the Legal Clinic: Prison and Rights I, 'Strategic Litigation during the Covid Emergency: Prison Situation and Emergency Appeal to the ECHR under Rule 39 of the Rules of Court'.

### **Politecnico di Torino Master's School**

November 2019

Seminar, 'Designing and adapting detention spaces'.

### **University of Turin - Department of Law and Antigone Association**

September 2019

Lecture as part of the Antigone Association's Summer School of Higher Education on Deprivation of Liberty and Fundamental Rights, "Strategic Litigation and the Promotion of Human Rights".

### **University of Eastern Piedmont - Department of Law and Political, Economic and Social Sciences**

November 2017

Seminar as part of the Sociology of Deviance course, "Surveillance Judges and Sentencing: Courts' forgotten place".

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## **RESEARCH AND PARTICIPATION IN RESEARCH PROJECTS**

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### **Observatoire international des avocats en danger**

November 2023 - ongoing

Participation in international judicial observation missions over trials regarding lawyers in danger and the protection of human rights (Diyarbakır - Istanbul. Tahir Elçi, Eren Keskin, Gulistan Yarkin, Saturday Mothers' cases).

### **StraLi Association - Project System**

October 2023 - October 2024

Participation in 'A mente libera' project on the promotion of mental health in prison. Part of the project team, research, teaching activities (in collaboration with the Penitentiary Law Chair of the Department of Law, University of Turin) and dissemination, advocacy, litigation at the European Court of Human Rights

### **StraLi Association - European Implementation Network**

September 2023 -May 2025

Participation in the project 'Promoting free speech with European

judgments'. Research team coordination activities and analysis of European Court of Human Rights case law

**Master of Civil Society Talents, Fondazione Gorla and  
Fondazione CRT/Research Fellow**

December 2015 - March 2017

Research fellow, project "La cultura giuridica del magistrato nella fase esecutiva della pena: il Tribunale di Sorveglianza di Torino". Carrying out empirical research activities, conducting interviews and analysing case law, drafting research report.

**University of Turin and Ufficio Pio della Compagnia di San  
Paolo/Research Fellow**

July 2014 - November 2014

Research fellow, 'Logos' project. Support for the evaluation of the impact of the project for the reintegration into work of prisoners and ex-prisoners on the reduction of recidivism at the end of the sentence, through quantitative and qualitative analysis, with counterfactual evaluation compared to the ordinary rates measured in the prison environment.

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**MEMBERSHIP AND  
PARTICIPATION OF  
EDITORIAL COMMITTEES**

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**Associazione StraLi ets-odv, Turin/ Founding Member and  
President**

June 2018-ongoing

Founding member and President of the non-profit organisation for the promotion of human rights protection through strategic litigation. Role of national and international spokesperson, legal representative and litigator in the areas of prison and criminal proceedings

**Antigone Association ONLUS**

From 2015 - ongoing

Member of the Antigone ONLUS Association, for rights and guarantees in criminal proceedings. Debates on the model of procedural legality in our country, collection and dissemination of information on the reality of prisons to raise awareness of the prison problem and the protection of the human rights of detained persons.

Until 2019, observer for Piedmont, Liguria and Valle d'Aosta within the Observatory on Detention Conditions. Since 2019 part of the litigation team (focus on the crime of torture and crimes against the detained population).

**International Relations Commission of the Turin Bar Association**

From 2023-ongoing

Member of the International Relations Commission of the Turin Bar Association (human rights subgroup).

**Prison and Surveillance Observatory of the Criminal Chamber of**

## **Piedmont and Valle d'Aosta**

From 2023-ongoing

Member of the Prison and Surveillance Observatory of the Criminal Chamber of Piedmont and Valle d'Aosta, Turin Section.

## **Miur Observatory of the Criminal Chamber of Piedmont and Valle d'Aosta**

From 2020-ongoing

Member of the Miur Observatory of the Criminal Chamber of Piedmont and Valle d'Aosta, Turin Section.

Teaching activities at high schools and technical institutes with focus on criminal trial, Constitution and prison.

## **Criminal Chamber of Piedmont and Valle d'Aosta**

2019-2021

Representative for the Criminal Chamber of Piedmont and Valle d'Aosta, Turin Section, at the Youth Observatory of the Union of Italian Criminal Chambers.

## **Legal journal 'Antigone. Quarterly criticism of the penal and penitentiary system'.**

2014-2018

Member of the editorial board of the legal journal 'Antigone. Quarterly criticism of the penal and penitentiary system'.

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## **EDUCATION AND TRAINING**

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### **Special Register of Cassation Lawyers authorised to practise before the Supreme Court of Cassation and other higher courts/Qualification**

2025

Passed the registration examination; qualification granted by resolution of the special Committee of the CNF on 12.12.2025.

### **University of Turin - Department of Law/PhD**

November 2013-November 2016

PhD in Law and Institutions at the University of Turin, co-disciplinary thesis in Criminal Procedural Law and Sociology of Law with the title "Evaluative facts and ascertainment instruments in sentencing judgments: analogies, differences and approximation processes between cognitive jurisdiction and re-educative jurisdiction". (IUS16, IUS20), Prof. Laura Maria Scomparin and Prof. Claudio Sarzotti. Title awarded on 30 November 2017. The subject of the research thesis was the study of the assessment tools of the surveillance justice in judging sentences and the possible application of alternative measures to detention; it was carried out through a study of the state of the art and of published case law as well as through the analysis of unpublished case law, observation in hearings and semi-structured interviews with magistrates at the Surveillance Courts of Turin, Milan, Naples and Bologna.

**Unione Forense per la Tutela dei Diritti Umani, Rome**

2022

Post-graduate Course in Business and Human Rights.

**Scuola Superiore Sant'Anna of Pisa - Department of Law**

2021

Advanced Training Course Strategic Litigation and Fundamental Rights of Migrants.

**Unione Forense per la Tutela dei Diritti Umani, Rome**

2020

Postgraduate course on the European Convention on Human Rights.

**Council of the Turin Bar Association and 'Vittorio Chiusano' Criminal Chamber of Western Piedmont and Valle D'Aosta**

2018-2019

Technical and deontological training course for criminal lawyers to qualify for public defence.

**European Inter-University Centre for Human Rights and Democratisation, Venice**

2017

Actiones, Multi-stakeholder training, Global Campus of Human Rights.

**Antigone Association**

2016

Themed training school The media prison. Justice and criminal execution in the image society.

**Italian Freedom and Civil Rights Coalition, Rome**

2016

Strategic Litigation Essentials Workshop, by CILD & Justice Initiative.

**Court of Appeal of Turin/ Habilitation**

2016

Habilitation to practice law, qualification obtained on 15.11.2016.

**University of Turin - Department of Law/Single-cycle Master's Degree in Law**

2008-2013

Master's degree in Law, research thesis (epistolary with sample of inmate population) in Legal-Penal Sociology entitled "Violence in Italian prisons", supervisor Prof. Claudio Sarzotti. Title awarded with mark 107/110, 9 July 2013.

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**PUBLICATIONS**  
JOURNAL ARTICLES

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2023

(with Filippi S.) **Prison violence: commentary on a first sentence on the events that took place in 2018 at Turin's Lorusso Cutugno prison, in**

"Antigone, Semestrale di critica del sistema penale e penitenziario", n. 1/2023, pp. 166-182, ISSN 2724-5136

2021

**Principles underpinning due process in surveillance proceedings: boundaries between validity and effectiveness in sentencing**, in 'Studies on the Criminal Question', Band A journal, no. 3/2020, pp. 63-83, ISSN 1828-4973

2016

**Epistolary on the prison experience**, in 'Sociology of Law', Band A journal, no. 1/2016, pp. 83-108, ISSN 0390-0851

2016

(with Allegri P.A.) **Criminal justice and discrimination: the profiles and pitfalls from the US case BUCK vs. DAVIS**, in "Antigone, Semestrale di critica del sistema penale e penitenziario", n.1-2/2016, pp. 299-303, ISSN 1828-437X

2015

(with Allegri P.A.), **Daily prison life as told by both volunteers and inmates themselves, between obstacles and silences**, in Social Science Abstracts - Second Annual Conference on Social Sciences - The Athens Institute for education and research, 2015, p. 21. ISBN: 978-960-598-023-8, meeting abstract in volume

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## **PUBLICATIONS** CONTRIBUTIONS IN VOLUME

2023

**Turin: institutional torture**, in E' vietata la tortura. XIX Rapporto di Antigone sulle condizioni di detenzione, edited by Miravalle M. and Scandurra A., pp. 187-193, ISBN 9788898688401

2019

**Il divieto di accesso ai benefici penitenziari e alle misure alternative alla detenzione**, in La nuova Anticorruzione, edited by Razzante R., Maggioli Editore, pp. 79-87, ISBN 8891637765

2017

**Surveillance Justice, the unknown**, in Torna il carcere, XIII Rapporto di Antigone, edited by Miravalle M. and Scandurra A., ISBN 9788898688234

2016

**Capolinea 29**, in Galere d'Italia, XII Rapporto di Antigone, AA. VV., Infinito ed., pp. 105-108, ISBN 9788868611422

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## **SPEAKING AT CONFERENCES**

### **University of Bologna – Department of Legal Studies**

April 2026

Speaker at the conference “The Anti-Semitism Bill”

### **University of Bologna – Department of Political Science**

March 2026

Speaker at the seminar “Strategic Litigation in Criminal Law: A Comprehensive Framework”

### **University of Turin – Department of Law**

December 2025

Moderator of the PRIN 2022 ‘Cambiare’ Conference

### **University of Bologna – Department of Political and Social Sciences**

November 2025

Guest Lecturer, Lawyers for change: human rights in action, as part of the International Criminal Justice course

### **Turin Bar Association**

October 2025

Speaker at the conference ‘The enforcement of ECHR judgments – Case study on the protection of the mental health of persons deprived of their liberty’

### **International Model European Parliament - summer school Human Rights, Security and Europe**

July 2025

Guest Lecturer, The protection of collective interests through the defence of the individual in criminal proceedings

### **Antigone Association**

June 2025

Presentation on trials for torture in Italian prisons at the launch of Antigone’s 21st Report on prison conditions

### **University of Bologna – Department of Law**

May 2025

Speaker at the Advanced Training Course of Excellence – New Perspectives on the Protection of Human Rights in Criminal Matters

### **Istituto Nazionale di Documentazione, Innovazione e Ricerca Educativa (INDIRE)**

April 2025

Speaker on the detention of women with minor children in their care at the Bologna Children’s Book Fair

### **University of Genova – Department of Political and international**

## **Sciences**

January 2025

Speaker at the European Union Law Seminar on climate injustice and strategic litigation

## **Municipality of Turin**

November 2024

Speaker at the conference "From capture to imprisonment. A critical path between rights and guarantees"

## **Consiglio Nazionale Forense (Italian National legal Council)**

July 2024

Speaker at the conference "The role of international observers at trials. The violation of fundamental rights in Turkey and Belarus"

## **Camere Penali Della Spezia, di Livorno, di Milano**

June 2024

Speaker at the conference "Criminal Lawyer in the future"

## **European Law Students' Association**

April 2024

Speaker at the conference 'The media trial: presumption of innocence in crisis and gender-based violence between newspapers and courts'.

## **Camera Penale Vittorio Chiusano del Piemonte e della Valle d'Aosta**

April 2024

Speaker at 'Of Penalties', Training Course on Criminal Enforcement

## **StraLi Association**

April 2023

Speaker at the presentation of the book 'The Dirty Game. The use of migrants as an improper weapon', by Valerio Nicolosi

## **Antigone Association**

December 2022

Speech on the Guantanamo detention centre, presentation of the film A mother against G.W. Bush

## **Democracy Workshop, Einstein Institute, Turin**

March 2022

Speaker on the constitutional role of the criminal lawyer

## **Hands Off Cain Association**

May 2020

Speaker at the conference Italy: from 'cradle' to 'tomb' of law?

## **University of Rome 3 - Department of Law**

January 2020

Rapporteur at the conference Legality and justice under the test of inequalities, session Punitive overdose and instruments of protection

## **Municipality of Turin**

November 2019

Speech on the Turin Permanence and Repatriation Centre, before the Committees on Legality and the fight against mafia phenomena and on Rights and Equal Opportunities

### **Fair Trials NGO, Brussels**

October 2019

Speaker at the Regional Policy Meeting 'Overuse of pre-trial detention in Europe: how can we make legal assistance more effective?', speech entitled The role of lawyers in promoting alternatives to detention

### **Chamber of Deputies of the Italian Republic**

September 2019

Speaker at the presentation of the book 'Risk management and crime prevention systems' by Alessandro Parrotta

### **Piedmont Young Democrats**

September 2019

Speaker at the conference Cosa succede nei centri per il rimpatrio?, organised by Giovani Democratici Piemonte

### **Torino Crime Festival - Circolo dei Lettori/ Speaker**

March 2019

WIKILEAKS VS. CIA: a media and court case that led to the strengthening of data protection. Can one speak of strategic litigation?

### **University of Turin - Department of Law**

May 2018

Limits to 'due process' in surveillance proceedings and compression of the offender's right to be heard Paper presentation in the context of the conference Access to justice and fundamental social rights

### **Seminar on Sociology of Law (11th ed.), Island of Capraia**

September 2015

Families behind bars: an ethnographic diary on the forgotten victims of the Italian prison system. Paper presentation.

### **Annual International Conference on Social Sciences, Athens**

July 2015

Daily prison life as told by both volunteers and inmates themselves, between obstacles and silences. Paper presentation.

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## **PRIZES AND AWARDS**

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### **Fulvio Croce Turin Bar Foundation**

September 2017

**Simonetta Fiore Marochetti Prize 2017**, awarded by the Fulvio Croce Foundation of Turin Lawyers

### **Seminar on Sociology of Law (11th ed.), Island of Capraia**

September 2015

**Gay Prize** (Gaetano Sergio Iacono), awarded to the research project '*Families behind bars: an ethnographic diary on the forgotten victims of*

the Italian prison system'.

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**LINGUISTICS  
SKILLS**

**Italian**

Mother tongue

**English**

Excellent level, written and spoken

**French**

Colloquial

Turin, 28th April 2026